



# Board of Directors

## Hybrid Meeting Minutes

May 12, 2022

**Board of Directors Members Present:**

**North Sound Behavioral Health  
Administrative Services Organization  
(North Sound BH-ASO) Staff Present:**

**Guests Present:**

1. **Call to Order and Introductions** – Chair
2. **Revisions to the Agenda** – Chair
3. **Approval of the April 14, 2022, Minutes, Motion #22-23** – Chair..... Attachment
4. **Comments & Announcements from the Chair**
5. **Reports from Members**
6. **Comments from the Public**
7. **Report from the Advisory Board** .....Available at Meeting
8. **Annual Compliance Report (Charles DeElena)**.....Available at Meeting
9. **Quality Management Plan (Charles DeElena)**
  - [https://nsbhaso.org/for-providers/forms/20220218\\_QM%20Plan\\_ASO\\_FINAL.pdf](https://nsbhaso.org/for-providers/forms/20220218_QM%20Plan_ASO_FINAL.pdf)
10. **Report from the Finance Officer**.....Available at Meeting
11. **Report from the Governance Operations Committee**

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a*

**Consent Agenda** .....Available at Meeting

**Motion #22-24**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from April 1, 2022, through April 30, 2022, in the amount of \$3,218,218.67.
- Payroll for the month of April in the amount of \$164,422.14 and associated employer benefits in the amount of \$90,810.34.

**12. Action Items**

**For Board Approval**

**There are no items for Board Approval**

**13. Introduction Items**

**The contracts being introduced this month fall into four distinct categories:**

- Two Health Care Authority contracts: one providing ASO funding for all categories of funding listed below, and a HCA contract for COVID-19 Emergency Grant funding.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services.

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

**Summary:**

**Health Care Authority**

- K-4949 is providing the GF-S funding for the period of July 1, 2022, through December 31, 2022 and Federal Block Grant funds for the period of July 1, 2022, through June 30, 2023.
  - New GF-S funding is expected for the period of July – December 2022, however the details have not been provided by HCA to date.

**Motion #22-XX**

- HCA-NS BH-ASO-K-4949-Amendment 5 providing the ASO GF-S funding and legislative provisos for the period of July 1, 2022, through December 31, 2022 and Federal Block Grant Funding for the period of July 1, 2022 through June 30, 2023.

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- K-5390 Housing and Recovery through Peer Support Services (HARPS) team providing permanent supportive housing services for individuals exiting or at risk of entering a behavioral healthcare setting.

**Motion #22-XX**

- HCA-NS BH-ASO-K5390-22-23 for the purpose of funding the HARPS team and HARPS subsidies. The maximum amount on this contract is \$616,440 with a term of July 1, 2022 through June 30, 2023.

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- K5759 Homeless Outreach Stabilization and Transition Team (HOST) services serving individuals who are living with serious substance use or co-occurring disorders and behavioral health conditions experiencing homelessness.

**Motion #22-XX**

- HCA-NS BH-ASO-K5759-22-23 for the purpose of funding a HOST program in the North Sound Region. The maximum consideration on this contract is \$956,080 with a term of July 1, 2022, through June 30, 2023.

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**Summary:**

**GF-S Mandatory Services**

The following contracts are providing mandatory behavioral health services.

- **Compass Health**
  - Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage Diversion Pilot
- Snohomish County
  - Mobile Crisis Outreach, ITA services
  - Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds
- Volunteers of America
  - Toll Free Crisis Hotline
- Telecare
  - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
  - Secure Withdrawal Management
- Community Action of Skagit County (CASC)
  - Ombuds Services (services for July 1, 2022-October 1, 2022)
- Sea Mar
  - Assisted Outpatient Treatment
- Lifeline Connections
  - PACT
- Snohomish County Superior Court
  - Juvenile Treatment Services
- Island County
  - Proviso Funding-Jail Transition Services, Trueblood Funds, Designated Marijuana Account
- San Juan County
  - Proviso Funding-Jail Transition Services, Designated Marijuana Account
- Skagit County
  - Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds
- Whatcom County
  - Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds

**Motion #22-XX**

- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an

automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

- NS BH-ASO-Snohomish County-ICCN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-19-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

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**Summary:**

**GF-S Mandatory Services**

The following contracts are providing SABG priority Services:

- Brigid Collins
  - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers

- PPW Housing Support Services
- Catholic Community Services
  - PPW Housing Support Services
- Compass Health
  - San Juan HARPS subsidies
  - Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
  - Medication Assisted Treatment
- Island County
  - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
  - Opiate Outreach
- Snohomish County
  - Opiate Outreach, HARPS subsidies
- Whatcom County
  - Opiate Outreach
- Lifeline Connections
  - Peer Pathfinder Incarceration Transition Pilot, HARPS Team with Skagit & Whatcom subsidies
- Telecare Corp.
  - Peer Bridger Program, Peer Bridger Participant Relief Funds

**Motion #22-XX**

- NS BH-ASO-Brigid Collins-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-CCS NW-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

- NS BH-ASO-Lifeline Connections-MHBG-20-23 Amendment 4 to provide additional funding to the Peer Path Finder services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-19-22 Amendment 3 to provide additional funding to Peer Bridger services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

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**Summary:**

**GF-S/SABG/MHBG Services within Available Resources**

- Compass Health
  - SUD outpatient services in San Juan County
  - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
  - Mental health outpatient services
  - Substance use outpatient services
- City of Mount Vernon
  - Integrated co-responder outreach project
- Evergreen Recovery Centers
  - Withdrawal Management Services
  - Mental Health Infant Specialist
- Island County
  - Co-Responder project
- Lifeline Connections
  - SUD Outpatient services
  - Recovery Housing
- Lake Whatcom Center
  - PACT
  - Mental Health outpatient services
  - Substance Use outpatient services
- Pioneer Human Services
  - Skagit & Whatcom withdrawal management services
  - SUD residential services
- Sea Mar
  - Mental health outpatient services
  - Substance use outpatient services
  - SUD residential services
- Sunrise Services
  - Mental health outpatient services
  - Substance use outpatient services
- Volunteers of America (VOA)
  - Emergency Response for Suicide Prevention (ERSP)
  - Peer Outreach follow up services
- Whatcom County
  - Co-responder project

**Motion #22-XX**

- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

- NS BH-ASO-Consejo-ICN-21-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is July 1, 2021 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-City of Mount Vernon-Interlocal-23 to provide funding for the integrated co-responder team with the City of Mount Vernon Police Department. The contract term is June 1, 2022 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding for co-responder services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-19-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-19-23 Amendment 7 to provide the funding for emergency response suicide prevention follow up services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract
- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding co-responder services under this contract. The contract term is July 1, 2019 through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.

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**Summary:**

**Behavioral Health Needs Assessment**

- Cumming Management Group will be providing Phase 0 of the Behavioral Health Needs Assessment: Project Mobilization, and Initial Work Plan.
- Phase 0 will consist of the following work:
  - Engagement management, team structure and coordination, project mobilization
  - Finalized scope, work plan, schedule, and deliverables (note this will be adjusted after the kickoff meeting)
  - Information request and list of data resources to be utilized
  - Key stakeholder interview list and associated discussion guide
  - Final proposed project fee

**Motion #22-XX**

- NS BH-ASO-Cumming-Agreement-22 for the purpose of engaging Cumming Management Group in a North Sound Behavioral Health Needs Assessment. The maximum consideration for Phase 0 is \$12,000 with an effective date of July 1, 2022

**Homeless Outreach Stabilization and Treatment (HOST) Program**

- Evergreen Recovery Centers was the only bidder for the HOST Request for Qualifications (RFQ). The evaluation team met and reviewed the proposal and recommended the ASO move forward with a contract. The funding for this project is \$956,080 in GF-S funds. The contract will be on the June 9, 2022 Board of Directors agenda for approval.
- Elements of the HOST program project are as follows:
  - Serves people who are living with serious substance use disorders (SUD) or co-occurring SUD and behavioral health conditions, are experiencing homelessness, and whose severity of behavioral health symptom acuity level creates a barrier to accessing and receiving conventional behavioral health services and outreach models
  - Outreach and engage the most vulnerable individuals into services with the ultimate goals of addressing their behavioral and physical health needs, increasing stability, obtaining housing, and transitioning them into long-term services for their substance use disorders or co-occurring substance use disorders and behavioral health conditions
  - Utilize the principles consistent with a modified Assertive Community Treatment (ACT) model that will best serve targeted populations

**Child, Youth and Family Mobile Crisis**

- Our July 2022 HCA contract amendment requires the ASOs to establish new or expand mobile crisis teams for adults, youth and children by July 1st, 2022. The team models are to include Mental Health Professionals (MHPs) and Peers trained in crisis services. We will also be required to incorporate the standards of the Mobile Response and Stabilization Service (MRSS) model. The goals of this model include: supporting individuals, children and families in their current living situation, provide trauma informed care, promote and support safe behaviors in school/community, reduce the use of emergency department and criminal justice systems and assist in linkages to ongoing age-appropriate support and services as needed. All services are required to be submitted under the new transaction code for Mobile Crisis Response transaction by July 1, 2022.

**14. Report from the Executive Director** ..... Attachments

**15. Adjourn**

*Next Meeting: June 9, 2022*

*Important: North Sound BH-ASO Board of Directors will NOT meet in July due to summer recess.*





## Board of Directors

### Hybrid Meeting Minutes

April 14, 2022

#### Board of Directors Members Present:

- **Peter Browning Chair**, Commissioner, Skagit County; Chair
- **Jill Johnson**, Commissioner, Island County
- **Cindy Wolf**, Council Member, San Juan County; Vice Chair
- **Cammy Hart-Anderson**, Snohomish County Human Services; designated alternate for Dave Somers, Snohomish County Executive
- **George Kosovich**, Skagit County Public Health; designated alternate for Peter Browning
- **Nicole Gorle**, Legislative Analyst, Snohomish County; designated alternate for Nate Nehring, Snohomish County Council
- **Heidi Beazizo**, Sr. Legislative Analyst, Snohomish County; designated alternate for Jared Mead, County Council
- **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Vice Chair
- **Jackie Mitchell**, Behavioral Health Program Specialist, Whatcom County, designated alternate for Satpal Sidhu
- **Darcy Cheeseman**, Legislative Aid to Council Member, Sam Low

#### North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **Joe Valentine**, Executive Director, North Sound BH-ASO
- **Margaret Rojas**, Assistant Director, North Sound BH-ASO
- **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- **Michael McAuley**, Clinical Director, North Sound BH-ASO
- **Maria Arreola**, Administrative Assistant II, North Sound BH-ASO

#### Guests Present:

- **Marie Jubie**

#### 1. Call to Order and Introductions – Chair

Chair Browning initiated introductions and called the meeting to order. He asked Maria Arreola to read the names of the attendees that were participating in person and via Zoom.

#### 2. Revisions to the Agenda – Chair

The Chair asked if there were any revisions to the agenda. Marie Jubie's resolution moved to the start.

#### 3. Approval of the March 10, 2022, Minutes, Motion #22-17 – Chair..... Attachment

Jill Johnson moved the motion for approval with revision to change her county to Island County, Cindy Wolf seconded, none opposed, no abstentions, motion #22-17 carried.

**4. Comments & Announcements from the Chair**

Chair Browning spoke about how being part of this Board helps county elected officials to be more involved in addressing behavioral health issues. .

**5. Reports from Members**

Chair Browning asked if there were reports from the counties. The following updates were provided:

- o Island County
  - o Recovery Navigator Program (RNP) work session was held. The program is in the process of being put together.
- o San Juan County
  - o The majority of individuals that are in danger of becoming homeless are those staying with family and friends. Individuals that are homeless are living in substandard RVs or boats and cars. This suggests a certain approach on how to serve these individuals.
- o Skagit County
  - o Portable showers are being placed in various areas. First Steps program is going well. The North Star program is a mental health program that will work with the cities. This program is to ensure individuals are being referred to the appropriate places.
- o Snohomish County
  - o Are having difficulty recruiting a Designated Crisis Responder (DCR). Exploring options of hiring incentives. Compass Health will be contracting a part time embedded social worker in Mukilteo. Conversations with Volunteers of America (VOA) Sultan and Monroe about a mental health outreach concept.
- o Whatcom County
  - o A Response System Division is being developed. Currently the GRACE and Lead programs are incorporated in the Response System Division. The Co-Responder and the Alternative Response Team will also be included. Working on streamlining services within the Crisis Stabilization Center.

**6. Comments from the Public**

There were no comments from the public

**7. Report from the Advisory Board .....Attachment**

Pat O’Maley Lanphear, Advisory Board Chair, gave the report from the Advisory Board.

**8. Annual Crisis Assessment (Michael McAuley).....Attachment**

Michael McAuley presented on the 2021 Annual Crisis Assessment. Questions were answered.

**9. Report from the Finance Officer.....Attachment**

Joe Valentine and Darrell Heiner gave the Report from the Finance Officer. They answered questions from the Board members.

**10. Report from the Governance Operations Committee**

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a*

**Motion #22-18**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from March 1, 2022, through March 31, 2022, in the amount of \$2,556,706.70. Payroll for the month of March in the amount of \$158,258.84 and associated employer benefits in the amount of \$74,725.47.

Jill Johnson moved the motion for approval, Cindy Wolfe seconded, none opposed, none abstained, all in favor, motion #22-18 carried

**11. Action Items**

**For Board Approval**

**Summary:**

**Federal Block Grant/Peer Outreach Follow up Services**

- In our MH & SUD approved COVID Federal Block Grant plans we set aside \$150,000 for Peer/Outreach Workers for crisis follow up for individuals with serious behavioral health challenges. The ASO is adding the peer outreach services to VOA’s crisis follow up services. With the addition of peers/outreach workers VOA will be expanding the referral base for the program

**Motion #22-19**

- North Sound BH-ASO-VOA-ICCN-19-22 Amendment 7 to provide funding to hire two peer/outreach workers for the follow up service team at VOA. The maximum consideration on this Amendment is \$150,000. The contract term is July 1, 2019, through June 30, 2022, with an automatic one-year renewal on July 1, 2022, based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Nicole Gorle seconded, none opposed, none abstained, all in favor, motion #22-19 carried

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**Summary:**

**Recovery Navigator Program (RNP)**

- North Sound has two LEAD programs in the region, in Snohomish and Whatcom counties. The RNP will be an enhancement to LEAD services. We will be contracting with the Snohomish County Prosecutors office and the Whatcom County Prosecutor’s office.
- The Regional Navigator Program (RNP) will collaborate with Whatcom and Snohomish County LEAD programs to expedite implementation. Our goal of the first year is to increase capacity by adding additional staff and resources. For year two, if possible, we plan to place RNP's in other locations throughout those counties to provide broader range of coverage.
- The funding for each program is \$512,455 annually. Snohomish County will be receiving additional funds in July 2022 in a legislative proviso.
- Whatcom County contract term is on the same cycle as the other RNP contracts. Snohomish County requested a calendar year term.

**Motion #22-20**

- North Sound BH-ASO-Whatcom County-RNP-22 for the purpose of adding the staffing and resources to provide recovery navigator services to the LEAD program. The contract term is

March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.

- North Sound BH-ASO-Snohomish County-Interlocal RNP-22 for the purpose of adding the staffing and resources to provide recovery navigator services to the LEAD program. The contract term is January 1, 2022, through December 31, 2022, with an automatic one-year renewal on January 1, 2023, based on continued compliance with the terms of the contract.

Jill Johnson moved the motion for approval, Cindy Wolfe seconded, none opposed, none abstained, all in favor, motion #22-20 carried

**Summary:**

**Amerigroup**

- The ASO has begun negotiations with the Managed Care Organizations to increase our per member per month (PMPM) to cover the costs of their members for a 24/7/365 crisis service.
- Amerigroup has agreed to increase their PMPM from \$1.47 to \$3.05, their members have higher acuity and higher utilization of services

**Motion #22-21**

- Amerigroup Washington, Inc.-North Sound BH0-ASO-ASA-Amendment 2 for the purpose of increasing the monthly PMPM from \$1.47 to \$3.05 per member.

Jill Johnson moved the motion for approval, Jackie Mitchell seconded, none opposed, none abstained, all in favor, motion #22-21 carried

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**Summary:**

**Personnel Action**

- Authorizing a 2.75% COLA for the Executive Director.

**Motion #22-22 (3)**

- Authorizing a 2.75% COLA to the Executive Director salary with an effective date of May 1, 2022.

Cammy Hart-Anderson moved the motion for approval with an effective date of January 1, 2022. Cindy Wolfe seconded, none opposed, none abstained, all in favor, motion #22-22 carried

## 12. Resolution Items

**Summary:**

**Marie Jubie Resolution**

- For Marie's 29 plus years of dedication to the North Sound Regional Advisory Board we are here to pass a resolution honoring her service.

**Resolution #22-001**

- Resolution #22-001 honoring Marie Jubie's service to the North Sound Regional Advisory Board.

Cammy Hart-Anderson moved the resolution for approval, Jill Johnson seconded, none opposed, none abstained, all in favor, motion #22-001 carried

## 13. Introduction Items

**City of Mt Vernon-Mount Vernon Police Department**

- The Health Care Authority set aside \$100,000 in COVID Block Grant Funds (\$25,000 Substance Abuse Grant and \$75,000 Mental Health Grant) for a co-responder project. The contract

specified the funding must go to a law enforcement agency. The Mount Vernon Police Department had submitted a proposal to help fund their integrated co-responder outreach program. The total funding for this project is \$250,000, \$100,000 set aside for co-responder projects with Law Enforcement and \$150,00 in a mix of COVID Mental Health and Substance Abuse Block Grant funds. The funding will specifically fund staffing for the team, one mental health professional and one substance use disorder professional. The ASO funds are braided with other funding sources that the Mount Vernon Police Department is using.

- The model Mount Vernon Police Department is implementing a model that will achieve the following goals:
  - Change the capacity and capability for Mount Vernon Police Department to effectively respond and reduce the unhoused population who encounter the criminal justice system.
  - Provide an alternative to police officer responses, with non-police personnel, to calls where poverty, substance use disorder or behavioral health are primary factors versus criminal intent.
  - Provide outreach services specialists intensive case management support in order to offer wrap around services to the unhoused or high service utilizers who encounter the criminal justice system because they are not connected or inconsistently connected to traditional care providers.

#### **Whatcom County-Co-Responder**

- Whatcom County was the only bidder for the Whatcom Co-Responder RFP. The evaluation team met and reviewed the proposal and recommended the ASO move forward with a contract. The team made some recommendations to the ASO to consider while standing up these programs, specifically on how to measure success and acquire feedback from individuals having contact with the teams. The funding for this project is \$223,563 in COVID Mental Health and Substance Abuse Block Grant funds. The contract will be on the May 12, 2022, Board of Directors agenda for approval.
- Elements of the Whatcom County project are as follows:
  - Whatcom County First Responder Co-Response Outreach Program model pairs Whatcom County Sheriff Behavioral Health Deputies with co-responder crisis staff to respond to behavioral health-related calls for service.
  - The Whatcom County Sheriff's Office has two established behavioral health deputies trained in behavioral health call response. The addition of two, Masters level co-responder crisis staff will utilize the combined expertise of the deputies and co-responder crisis staff to provide early engagement interventions with person-centered de-escalation that uses least invasive interventions.
  - The co-response team will employ field-based strategies to identify individuals with substance use disorders and mental health needs in a culturally competent, recovery oriented, trauma sensitive manner.
  - The intent is to implement two approaches: 1) behavioral health deputy and co-responder crisis staff deploy together in the same vehicle for time periods of high call volume and 2) during low call volume periods, the co-responder crisis staff are available for calls by behavioral health deputies following dispatch, and the call is handled collaboratively.

## **14. Discussion Items**

### **Child, Youth and Family Mobile Crisis**

- Our July 2022 HCA contract amendment requires the ASOs to establish new or expand mobile crisis teams for adults, youth and children by July 1st, 2022. The team models are to include Mental Health Professionals (MHPs) and Peers trained in crisis services. We will also be required to incorporate the standards of the Mobile Response and Stabilization Service (MRSS) model. The goals of this model include: supporting individuals, children and families in their current living situation, provide trauma informed care, promote and support safe behaviors in school/community, reduce the use of emergency department and criminal justice systems and assist in linkages to ongoing age-appropriate support and services as needed. All services are

required to be submitted under the new transaction code for Mobile Crisis Response transaction by July 1, 2022.

- Next steps
  - Feedback was provided to HCA on the Child, Youth and Family Mobile Crisis contract requirements expected in our July amendment.
  - Clinical staff have been researching best practices. Once the contract requirements are finalized our program design will be completed.
  - Operations Committee is setting up a workgroup to develop the materials for the Request for Information and subsequently the Request for Qualifications (RFQ)
  - Advisory and Board of Director/designee participation will be requested on the review of the RFQ.

The following discussion ensued regarding the Child, Youth and Family Mobile Crisis Team:

- How do we look at making adaptations to research-based models?
- What will staffing structure look like?
- Discussed the need to develop criteria for how to best serve different geographic areas of the region, including rural areas and other underserved areas.
  - There are currently only state general funds dollars to support this program. How will managed care organizations (MCOs) contribute services to members?
- How will we be able to implement this program if there are not enough children and youth behavioral health specialists?
- Is there funding to extenders the model to other areas of the region?
- Focus on areas of high-risk populations.

**15. Report from the Executive Director** ..... Attachments

Joe Valentine gave the report from the Executive Director. It included the following topics:

- Final Legislative Budget and Provisos
- New Behavioral Health Programs Assigned to BH-ASOs for FY 2021-2023
- Proposed Statewide BH-ASO “Check In” Meeting with HCA Leadership
- Homeless Outreach Stabilization Team [HOST]
- Proposed RFQ for Children and Youth Mobile Crisis Teams
- Plan to Improve Coordination Between BH-ASO Funded Programs
- Crisis Services Update
- Re-Opening of North Sound BH-ASO Office
- Presentation of Three Year BH-ASO Update for North Sound County Councils and Commissions

**16. Adjourn**

The meeting adjourned at 2:58

Next Meeting: May 12<sup>th</sup>, 2022

**1. UPDATE ON HOMELESS OUTREACH STABILIZATION TEAM [HOST]**

- We received one formal response to the HOST RFQ – from Evergreen Recovery.
- A representative from the Advisory Board and Snohomish County participated on the review panel and recommended it be forwarded to the Board of Directors for approval.
- This will be an introduction item on the May 12 Board agenda.

**2. UPDATE ON RFP FOR CHILDREN AND YOUTH MOBILE CRISIS TEAMS**

- As of July 1, our new HCA-ASO contract will require us to implement at least one Children and Youth Mobile Crisis Teams
- It will need to be based on the “Mobile Crisis Stabilization Services” model developed in other states [this will be introduced as a discussion item for the April Board meetings].
- We will issue the RFQ in early May.
- Because we have to have the contractor in place by July 1, we’ll have to bring a motion approving awarding the contract to the successful bidder at the June 9 Board of Directors meeting.

**3. PRESENTATION OF THREE YEAR BH-ASO UPDATE FOR NORTH SOUND COUNTY COUNCILS AND COMMISSIONS**

A presentation to update the North Sound County Councils and Commissions on the current scope of activities for the North Sound BH-ASO has been scheduled for the following dates:

- Snohomish – May 9
- Whatcom – May 10
- San Juan – May 18
- Island – June 1
- Skagit – June 28

**4. UPDATE ON PLAN TO IMPROVE COORDINATION BETWEEN BH-ASO FUNDED PROGRAMS AND COUNTY FUNDED BEHAVIORAL HEALTH PROGRAMS**

- As a follow up to the discussion at the March 10 Board of Directors meeting, we have begun to work on a plan to improve coordination between BH-ASO programs and County behavioral health programs.
- A draft of the plan will be reviewed at the May 6 County Coordinators meeting.



- Recommended strategies will include developing an inventory of BH-ASO programs and County funded programs that appear to be serving similar populations and have similar goals.

**5. BEHAVIORAL HEALTH SYSTEM COORDINATION COMMITTEE**

- The quarterly meeting of the Behavioral Health System Coordination Committee was held on May 2. This Committee provides and opportunities for HCA Leadership, Counties, BH-ASOs, and MCOS to discuss how to better coordinate system wide planning for behavioral health services. Jill Johnson represented the perspective of county elected officials for our region.
- One of the issues which we surfaced are continuing concerns regarding “network adequacy” especially in rural areas.
- HCA agreed to form an ad-hoc workgroup to define network adequacy, the concerns Counties and ASOs have regarding it, and possible solutions.
- Both Jill and I volunteered to be part of this workgroup.

**6. CRISIS SERVICES UPDATE**

- Weekly Crisis Capacity Indicator Report – through April 30 [attachment #1]. The number of Calls to the Crisis Line and dispatches of mobile crisis teams have fluctuated up and down over the last couple of months with an actual decline over the last four weeks.
- The monthly dashboard, through the month of March, can be found in the on-line May Advisory Board meeting packet at: <https://www.nsbhaso.org/who-we-are/boards-and-committees/advisory-board> .

**7. RECOVERY NAVIGATOR PROGRAM UPDATE**

- The Recovery Navigator Program [RNP] Providers are in final the stages of contract completion after our RFQ process. Each RNP provider has identified a Project Manager [PM] from internal staff and will move forward with the hiring process of Case Managers and Outreach Coordinators once contracts are finalized. [see below]
- Program implementation and staff hiring is projected to start in early May.
- Recovery Navigators Providers for North Sound:

Island County	Island County Human Service Dept. - Bill Larsen, PM
San Juan County	Compass Health - Teresa Tilton, PM
Skagit County	Community Action - Candace Weingart, PM
Snohomish County	LEAD/RNP - Snohomish County – Ashley Dawson, PM
Whatcom County	LEAD/RNP – Whatcom County - Vanessa Martin, PM